

MORNING JOGGING PROGRAM

The School Health Advisory Council is sponsoring a jogging program from 7:30-7:50 am on school days. The Program will begin September 7, 2010, and continue until the end of the school year. The program is for K-6 grade students, and they must have this permission slip signed to participate. Jogging will take place in the Student Performance Center and students should enter using the Student Performance Center entrance at the back of the school. Students arriving by bus will exit and enter the SPC when dismissed by their bus driver. You will be expected to wear **gym shoes** and to jog/walk if you choose to participate in this event. Students who do not follow the rules will be asked not to participate. Please return signed permission slip to their classroom teacher by September 3, 2010.

Check all that apply:

_____ I consent to having possible video and audio footage or pictures taken of my child during morning jogging to help create awareness or for educational purposes related to school activity or wellness programs.

_____ I would like my child to participate in the morning jogging program.

_____ Name of Participant

_____ Signature of Parent/Guardian

_____ Date